



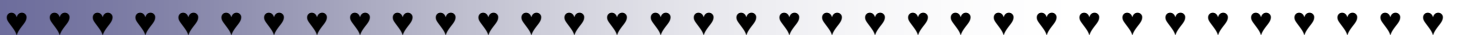
Diocesan Food Bowl

Lent 2010

An invitation to parishes, schools, religious education programs, individuals and families to keep the Lenten disciplines of Prayer, Fasting, and Almsgiving by supporting the 33rd Annual Food Bowl.

- ▼ **Sponsor a Parish or School-wide Food Bowl Event**
- ▼ **Make a family commitment to donate to the Food Bowl**
 - ▼ **Plan a Penny Drive**
 - ▼ **Pledge monthly support of the Food Bowl**
- ▼ **Pray for the success of the Food Bowl and the alleviation of hunger in our world**

The annual Food Bowl Collection funds local parish and community soup kitchens and food closets.



Participate in your local parish Lenten program
or make a donation to:

Diocesan Food Bowl

Office of Social Service Ministry

2110 Broadway, Sacramento, CA 95818

Help Us to Help Others